

Facilitating Hope, Healing, and Fulfillment



Nevin Alderman is a relationship expert and is the Owner and Clinical Director of Renew Relationship Counseling. Renew Relationship Counseling was born out of inspiration that there must be a better way to support couples and families who are struggling with relational concerns. It is through this experience that Nevin developed and became the founder of, “The Renew System for Couples” – a proprietary model that promotes healing, connection, and fulfillment for couples.

Nevin Alderman is a Licensed Clinical Mental Health Counselor (CMHC) and has been practicing in the field of mental health for almost two decades. In addition to his work at Renew, Nevin has experience in numerous facets of mental health counseling and administration, including inpatient acute settings, residential treatment, and community-based services. Nevin has several specialty areas, including couples therapy, family relational issues, anxiety, mood disorders, destructive behavior, trauma, attachment, and addictions.

Nevin has a passion for the field of mental health, and a strong belief in the capacity of couples, families and individuals to grow and overcome life's obstacles.

In addition to traditional clinical and administrative work, Nevin has been facilitating relational workshops, and multi-systemic groups and seminars since 2008. Nevin has been invited to address local, regional, and national professional therapeutic audiences on a variety of mental health topics, though specializes in relationship-focused presentations. Nevin's greatest passion is providing therapeutic services for couples desiring a renewed relationship.

Nevin is blessed to be married to his best friend and cherished companion of over 19 years. Together they have two boys who bring great joy to their home and lives. Nevin's favorite past times are spending quality time with his family and ATV'ing

What People Are Saying:

“I trust Nevin with those I love most. He is a talented, empathetic, knowledgeable clinician and a loving person. I worked with him for a few years and consistently experienced him navigate complex and emotional individual/family issues, mental health disorders, grief and loss, attachment, addiction, and trauma.”

“Nevin Alderman is a fantastic clinician, and I wholeheartedly recommend him. He has a gift for connecting with clients and helping them to strengthen relationships and to find their way through personal struggles.”